

Massage offer Harmony & Balance



Book massages

Our masseur Dirk comes to our house upon request.

You are welcome to contact Dirk directly by email info@salzgrotte-garmisch.de or by WhatsApp or SMS at 0176/56963448. Please let him know that you would like to have the massage at the Leiners Family Hotel.

1. WELLNESS FULL BODY MASSAGE

ca. 55 Min. from € 69,-

Relaxing massage for the legs, arms and back

Mo-Fr 10 a.m. – 12.30 p.m. – Happy Hour € 69,-

Outside these days and Saturday € 79,-

Sunday and Holidays € 84,-

2. CLASSIC FULL BODY MASSAGE WITH INTENSIVE BACK MASSAGE

ca. 75 Min. from € 99,-

Preventive massage for arms, legs and back. During the back massage, trigger, Breuss, thorn, cupping and special acupuncture massage techniques are used. Legs, arms, back and neck are massaged.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour € 99,-

Outside these days and Saturday € 104,-

Sunday and Holidays € 109,-

3. CLASSIC FULL BODY MASSAGE + HEAD-, NECK

ca. 75 Min. from € 89,-

Legs, arms, back, neck and head are massaged.

Ideal for relaxation and neck tension.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour € 89,-

Outside these days and Saturday € 94,-

Sunday and Holidays € 99,-

4. CLASSIC FULL BODY MASSAGE + FOOT REFLEX MASSAGE & BASIC HERBAL FOOT BATH

ca.80 Min. from € 99,-

Legs, arms, back and feet are massaged

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour € 99,-

Outside these days and Saturday € 104,-

Sunday and Holidays € 109,-

5. CLASSIC FULL BODY MASSAGE + SINGING BOWL MASSAGE

ca. 75 Min. from € 99,-

Finally, let the singing bowls massage you from the inside. The sound waves activate your cells and bring your body back into balance. Find your inner center.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour	€ 94,-
Outside these days and Saturday	€ 99,-
Sunday and Holidays	€ 109,-

6. ANTI-STRESS – RELAX MASSAGE

ca. 120 Min. from € 139,-

Basic Herbal-Foot Bath – Relax Head Massage – Foot Reflex Massage – Full Body Massage – Singing Bells Meditation Massage

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour	€ 139,-
Outside these days and Saturday	€ 144,-
Sunday and Holidays	€ 149,-

7. APRÈS SPORT MASSAGE - AFTER MOUNTAIN TRACKING – AFTER BIKING

ca. 75 Min. from € 99,-

Have you spent a strenuous day in the mountains and your muscles are overtired? Do you want to get fit again quickly or prevent sore muscles? With a special sports stretch massage we can massage out your lactate and your chances of getting fit again quickly are very high. The massage is supported by massage creams with magnesium and oil.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour	€ 99,-
Outside these days and Saturday	€ 104,-
Sunday and Holidays	€ 109,-

8. ALPIN-AROMA-OIL-MASSAGE

ca. 60 Min. from € 79,-

Not only are aromas relaxing and pleasant, they can also have effects on your well-being. The mountains are calling: We offer you aromas from the Alpine world that smell particularly good and take you into a dream world of mountains, meadows and forests.

Choose the following options:

„Alpin Peace for inner peace“

The scent of pine oil can strengthen the cardiovascular system and ensures more concentration and ensures a relaxing sleep.

„With the Power of Alps“

Local herbal oils scented like lush meadows and alpine peaks provide refreshment, stimulation and invigoration.

„Immunstimulanz“

The scent of the coniferous woods stimulates, refreshes and can strengthen your immune system. All massages are carried out with the appropriate oils and goat butter cream, a balm for the skin with many minerals and vitamins.

Mo-Fr 10 a.m. – 12.30 a.m. Uhr – Happy Hour	€ 79,-
Outside these days and Saturday	€ 84,-
Sunday and Holidays	€ 94,-



9. FOOT-REFLEX MASSAGE + FIT LEGS MASSAGE

ca. 60 Min. from € 79,-

Starting with a foot bath, both your legs and feet are massaged. A vital leg massage combined with a foot reflex. Since the nerve endings of all parts of the body are located on the sole of the foot, the massage has a stimulating effect on them.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour € 79,-
Outside these days and Saturday € 84,-
Sunday and Holidays € 94,-

10. BIO-ALOE VERA FACE & FULL BODY MASSAGE

ca. 70 Min. from € 89,-

A special feeling with many active ingredients for the skin. Let yourself be massaged with an original organic aloe vera leaf and benefit from almost 400 active ingredients in the leaf. The massage is performed both by hand with aloe vera oil and with the organic leaf. Finally, the face is massaged soothingly with the organic leaf. Ideal regeneration for your skin after sunbathing or skin damage caused by UV rays.

Mo-Fr 10 a.m. – 6 p.m. Uhr – Happy Hour € 89,-
Outside these days and Saturday € 94,-
Sunday and Holidays € 99,-

11. BACK MASSAGE

ca. 30 Min. for one person € 49,-
from 2 people € 39,- / person

Intensive Back Massage with kneading spreading

For one person Happy Hour only Mo -Fr 8 a.m. - 12.30 a.m.

Otherwise from 2 people Mo-Fr 8 a.m. - 6 p.m.

Outside these times + € 10,- p.P.

Sunday and public holidays not possible. Both people must be adults. In combination with another massage, the price is also valid for 2 people. Massages must be consecutive.

12. INTENSIVE FASZIEN-BACK MASSAGE

ca. 50 Min. from € 69,-

Back massage with kneading, stroking, triggering, cupping to loosen the fascia and relieve muscle tension. Dorn, Breuss and acupuncture techniques are also used.

Mo-Fr 10 a.m. – 12.30 a.m. – Happy Hour € 69,-
Outside these days and Saturday € 74,-
Sunday and Holidays € 89,-

13. NECK- & CUPPING BACK MASSAGE

ca. 45 Min. from € 59,-

Neck and intensive back massage with cupping.

Mo-Fr 10 a.m. – 12.30 a.m. – Happy Hour € 59,-
Outside these days and Saturday € 69,-
Sunday and Holidays € 84,-

14. HEAD- SHOULDER-NECK-MASSAGE

ca. 45 Min. from € 59,-

Head, shoulder and neck are massaged. A wonderfully relaxing and tension-relieving massage.

Mo-Fr 10 a.m. – 12.30 a.m. – Happy Hour € 59,-

Outside these days and Saturday € 64,-

Sunday and Holidays € 84,-

15. BACK & BACK SINGING BOWL MESSAGE

ca. 60 Min. from € 69,-

A relaxing and tension-relieving back massage combined with a back singing bowl massage to release blockages and inner relaxation.

Mo-Fr 10 a.m. – 12.30 a.m. – Happy Hour € 69,-

Outside these days and Saturday € 79,-

Sunday and Holidays € 89,-

16. CHILDREN'S MASSAGE

ca. 20 Min. € 29,-

Your child is curious and would like to be massaged too? We offer a small back massage with a heat cushion and singing bowl for little ones up to 12 years old.

The massage is only possible after an adult massage of at least 50 minutes.

17. COUPLE FULL BODY MASSAGE WITH 2 MASSEURS

ca. 70 Min. from € 94,-

Would you like to enjoy time together as a couple and be massaged together at the same time?

We offer you a full-body massage with two masseurs in one room for approx. 60 minutes and then you can finish with a singing bowl meditation massage for approx. 10 minutes.

Mo-Fr 10 a.m. – 6 p.m. – Happy Hour € 94,- p.P.

Outside these days and Saturday € 99,- p.P.

Sunday and Holidays € 104,- p.P.



Find your inner circle

18. SINGING BOWL MESSAGE

ca. 60 Min. from € 79,-

Get in the right mood again with a singing bowl massage! One of the most ancient Therapies from the Far East that have been around for 6000 years is practiced. The sounds of the bowls not only relax and harmonize, they walk into the depth of the muscles, bring the chakras into balance and solve blockages.

Mo-Fr 10 a.m. – 12.30 a.m. – Happy Hour € 79,-

Outside these days and Saturday € 84,-

Sunday and Holidays € 89,-

19. FAMILY – SINGING BOWL MASSAGE

ca. 40 Min.

from € 99,-

A wonderful family event for you, your partner and your children. Relax together and have a special experience. We have already presented the advantages of a singing bowl massage to you in our offer above.

Mo-Fr 10 a.m. – 6 p.m. – Happy Hour

€ 79,-

Outside these days and Saturday

€ 89,-

Sunday and Holidays

€ 99,-



Body & Face: Massages & Beauty Facials

20. ANTI- AGING FULL BODY MASSAGE & BEAUTY FACE TREATMENT

90 Min.

from € 149,-

Bodypeeling – Facial Cleansing – Face Peeling- Face-Care-Body Wrap combined with a full Body Massage – Q10/Hyaluron Face Mask – Day Creme

Feel young and beautiful again. Would you like to combine relaxation and skin care? With this variant you receive a relaxing or, optionally, tension-relieving massage for legs, arms, hands, back, head and neck. You can either use a body care cream with Q10 or hyaluronic acid combined with a very nice smelling goat butter cream. Q10 ensures healthy skin and protects against free radicals. Hyaluron fills the skin with missing moisture. The goat butter makes your skin supple. The combination ensures more freshness, radiance and well-being. It supports cell renewal. During the facial treatment, you are cleansed, exfoliated and given a special Q10 or hyaluronic mask. Finally, the right day cream. Products from Dr. are used. Spiller, Kurland and Schupp.

Mo-Fr 10 a.m. – 6 p.m. – Happy Hour

€ 149,-

Outside these days and Saturday

€ 154,-

Sunday and Holidays

€ 164,-



EARLY BIRD DISCOUNT

If you book at least three weeks before the date, you will receive a **5% early bird discount**.

CANCELLATION FEES FOR ALL APPLICATIONS

Please understand that we have to charge cancellation fees because we hold the appointment free for you when you book and often schedule follow-up appointments around your appointment and can no longer use this time for other purposes if you cancel. If we can book the appointment again, the cancellation fee will be converted into a processing fee of € 5,-. If an agreed appointment cannot be made and cannot be rebooked, we charge a cancellation fee of 20 % for cancellations of less than 7 days, 50 % for cancellations of less than 3 days and 70 % for cancellations of less than 48 hours of the application price.

In the event of a no-show without cancellation, we unfortunately have to charge the full price.

